

Resources for Learning about End of Life Healthcare in America

These are MUST reads! Three great articles and one blog that can lead us to good explorations...

1. Kicking Off New Year With Death Over Dinner
<http://huff.to/1fWqr10>
2. How Not to Die:
<http://m.theatlantic.com/magazine/archive/2013/05/how-not-to-die/309277/>
3. Quality of Death, End of Life Care in America: Inside and Out:
<http://insideout.wbur.org/documentaries/qualityofdeath/>
4. Do you Really have all your Affairs in Order? By Candace Palmo:
<http://candacepalmo.wordpress.com/2014/03/14/the-certainty-of-impermanence-what-it-means-to-have-your-affairs-really-in-order/>

To Watch: This merely begins the questions we should be asking... <http://www.immensepossibilities.org/ipr-podcasts/coho/>

A few other resources provided here to give you ideas in your own research on the topic and support in your area:

- Another possible resource for you in your community:
<https://www.lotsahelpinghands.com/>
- If you live in Oregon, this is a GREAT resource and they provide education and seminars on just this: Choosing Options, Honoring Options: <http://cohoroguevalley.org>
- Here is a book recommendation that shows us a lot about our health care system through a series of stories about different kinds of death: *How We Die: Reflections of Life's Final Chapter*, By Sherwin Nuland

****If you would like to read a Hospice Pamphlet (called Medicare and Hospice 2013), one has been provided to your coordinator and you can ask them to email it to you.*